Exhibit F Written Instrument of Release and Transfer Document

[Saint Anthony's Bread Basket, Inc./Fresno County Housing Authority/Royal Oaks Business Park, LLC] (hereafter "Released Party"), by signing below, verifies and warrants as follows:

1.	Released Party has read the Mutual Release and Covenant Not to Sue document ("Mutual Release") and the related Central Valley Regional Water Quality Control Board ("Central Valley Water Board") Resolution recorded in Book Page in Fresno County, California for the "CPR/Autoline Property," located at 2696 South Maple Avenue, Fresno, Fresno County, California.			
2.	Released Party understands and agrees that the Mutual Release contains a release by the Central Valley Water Board and a covenant not to bring or support any action or order against subsequent purchasers, tenants, lenders, and occupants of all or a portion of the Property (as defined in the Mutual Release), including their directors, officers, shareholders, managers, employees, partners, affiliates, members, contractors, agents, and their respective successors, and assigns, related to the Existing Conditions (as defined in the Mutual Release), including contamination at, under, or originating from the Property (as defined in the Mutual Release).			
3.	Released Party understands and agrees that it may enjoy the benefits of the Mutual Release only if it releases and covenants not to sue the Central Valley Water Board as set forth in the Mutual Release, and that by executing this Release, Released Party releases and covenants not to sue the Board in accordance with the terms of the Mutual Release.			
4.	Released Party understands and agrees that its right to rely on the benefits of the Mutual Release is subject to and conditioned on its own, but only its own, acceptance of all of the provisions of the Mutual Release and its compliance with its obligations under the terms of the Mutual Release.			
5.	Released Party accepts and agrees to abide by all provisions of the Mutual Release.			
to	This Instrument of Release and Transfer Document shall be effective upon ecution by the Released Party. Within three days of execution, Released Party agrees mail a copy of the executed Release to: Executive Officer, Central Valley Regional ater Quality Control Board, 1685 E Street, Fresno, CA 93706.			
Au	thorized Signature (Released Party) Date			
Na	ame/Title:			
Сс	Company Name/Address:			

Written Instrument of Release and Transfer Document

DowBrands, Inc. (hereinafter "Released Party"), by signing below verifies and warrants as follows:

- Released Party has read the Mutual Release and Covenant Not to Sue document ("Mutual Release") and the related Central Valley Regional Water Quality Control Board ("Central Valley Water Board") Resolution______ recorded in Book Page in Fresno County, California for the property previously owned and operated by DowBrands, Inc. located at 4787 East Date Avenue, Fresno, Fresno County, California.
- 2. Released Party understands and agrees that the Mutual Release contains a release by the Central Valley Water Board and a covenant not to bring or support any action or order against subsequent purchasers, tenants, lenders, and occupants of all or a portion of the Property (as defined in the Mutual Release), including their directors, officers, shareholders, managers, employees, partners, affiliates, members, contractors, agents, and their respective successors, and assigns, related to the Existing Conditions (as defined in the Mutual Release), including contamination at, under, or originating from the Property (as defined in the Mutual Release).
- 3. Released Party understands and, agrees that it may enjoy the benefits of the Mutual Release only if it releases and covenants not to sue the Central Valley Water Board as set forth in the Mutual Release, and that by executing this Release, Released Party releases and covenants not to sue the Central Valley Water Board in accordance with the Mutual Release.
- 4. Released Party understands and agrees that its right to rely on the benefits of the Mutual Release is subject to and conditioned on its own, but only its own, acceptance of all of the provisions of the Mutual Release and its compliance with its obligations under the terms of the Mutual Release.
- 5. Released Party accepts and agrees to abide by all provisions of the Mutual Release.

This Instrument of Release and Transfer Document shall be effective upon execution by the Released Party. Within three days of execution, Released Party agrees to mail a copy of the executed Release to: Executive Officer, Central Valley Regional Water Quality Control Board, 1685 E Street, Fresno, CA 93706.

Authorized Signature (Released Party)	Date	
Name/Title:		
Company Name/Address:		